



3 Part Combo

Step 1 - Choose Your Aloe:

- Mango, Cranberry or Mandrin
- Drinkable Aloe
- Plant Enzymes to soothe your digestive system

Step 2 - Choose Your Tea:

- High in antioxidants
- Energy and Metabolism Boosting
- Only 5 Calories

Step 3 - Choose Your Shake:

- Packed with nutrients
- Full meal replacement certified
- Base 200 calories, 24 grams protein

Level 1 Meal Combo **\$9⁰⁰**
(Aloe, Tea and Shake)

TEA

MAKE IT A MEGA (24oz) +\$1

SUPER MEGA (32oz) +\$2

SERVED ICED OR HOT

*Less Sweet Options

Level 1 Teas

5 cal, 85mg caffeine

Raspberry*

Lemon*

Peach*

Cinnamon*

Chai*

Pomegranate* (25mg)

Arnie Palmer

Raspberry Lemonade

Level 2: Energy Tea Bombs +add \$3

20 cal, vit B's, extra focus and energy, 160mg caffeine

Captain America

Pom Bomb

Sweet Tart

Cherry Bomb

Purple Rain

Gushers

Orange Octane*

Peach Tropics*

Skittles

Lollipop

Jolly Rancher

Beach Bum

Love Potion

Eagle Bomb

Pineapple Lemonade

Blackberry Lemonade

Refreshers

Non-caffeine options

Sub for Level 1 Tea:

Mermaid

Lil' Captain

Unicorn

Blue Lagoon

Zen Relax*

Strawberry No-Jito+add \$3

Bikin Bottom+add \$4

Level 3: Energy Collagen Teas+add \$6

40 cal, helps fine lines, wrinkles, hair & nail strength

Beauty & the Beast*

Strawberry Breeze*

Cherry Sunrise

Pink Starburst

Pineapple Punch*

Barbie

Watermelon Crawl

Blackberry Splash

Orange Crush*

Fruit Sangria

Elevate Your Tea

Make it Sparkling \$1

Best Defense \$2

Probiotic \$2

Immunity Essentials \$2

Collagen \$3

Immunity Shot: \$5

Vitamin C, Zinc, Echinacea,
Aloe & Probiotic

SHAKES

MAKE IT A MEGA +\$2

*CONTAINS GLUTEN

Elevate Your Shake:
Protein (5g): add \$2
Fiber (5g): add \$2

Probiotic: add \$2
Multi Vitamin: add \$2
(New Mom)

Fat Reducer: add \$5
Add In's: \$.50 each

Vanilla Vibes

Oatmeal Cookie*
Wedding Cake*
Birthday Cake*
Pistachio Dream

Pralines & Cream
Mint Oreo*
Cheesecake
Cinnamon Toast

Shamrock*
Deep Fried Oreo*
Sugar Cookie
Sea Salt Caramel

Chocolate Lovers

Brownie Batter*
Chocolate Cherry*
Red Velvet*

Monster Cookie*
Turtle Cheesecake*
Thin Mint*

Chocolate Banana*
Chocolate Caramel*
Chocolate Coconut*

Tutti Fruity

Blueberry Muffin*
Cherry Almond
Very Berry Day
Fruity Pebbles

Orange Creamsicle
Wildberry Orange
Banana Choc Chip*
Pina Colada

Raspberry Oreo*
Mango Pineapple
Banana Cream Pie
Strawberries & Cream*

Peanut Butter Perfection

Salted Nut Roll*
PB Banana

PB Turtle
Scotcheroo

Chocolate PB*
Chocolate PB Banana*

Select - Plant Based - Add \$1

Pea, Quinoa, Brown Rice Protein Blend

Pistachio Cookie

Pina Colada

PB Chocolate

Blueberry Crumble

Cake Batter

Mint Chocolate

Strawberry Bliss

Almond Cookie

Brownie Batter

Lava Shakes- Add \$3

Energizing Shakes 75mg caffeine

Berry Lemonade

Aloha

Strawberry Cheesecake

Berry Colada

Keylime Pie

Strawberry French Toast

Blackberry Cheesecake

Cherry Blossom*

Pineapple Upsidedown

Fat Reducing (Frosted) Shakes- Add \$5

Fried Ice Cream

Cherry Glazed Donut

Caramel Waffle Cone

Lemon Pound Cake*

Funnel Cake*

Dirt Cake*

Butterfinger*

Puppy Chow*

Glazed Caramel Roll*

Maple Long John

Dole Whip

Blueberry Lemon Scone*

COFFEE CLUB

NO caffeine

Coffee Toffee

Pb Coffee Cake*

Mudslide

Swiss Mocha

PROTEIN COFFEES - \$5

Iced, Hot or Pour over 100 cals, 15g protein, 2g sugar, 80mg caffeine

Salted Caramel

Maple Donut

Heath Mocha

S'mores

House

COFFEES FRAPPES - \$9

24g protein, 80mg caffeine

Matcha (Coconut or Honey)

Chocolate Caramel

S'mores

Twix

Red Velvet Oreo

Dirty Chai

Maple Dream

Mint Mocha

FITNESS FANATICS:

PREWORKOUT

Preworkout To Go (prepare) \$5

100mg Caffeine, creatine, nitric oxide

Gym Juice \$9

Preworkout, focal energy and hydration,
175mg caffeine

SPORTS HYDRATION

Workout Fuel Shot (CR7) - \$5

Electrolytes, potassium, magnesium and B12

Recovery Shot (H30): \$5

Rehydrate & Replenish lost fluids

Higher Protein & Calorie Shakes

Great for Post Workout or Anytime

Muscle Mint \$8

280 cal, P-33g, C-31g, F-2.5g

Caramel Brownie \$8

280 cal, P-33g, C-31g, F-2.5g

Donkey Kong \$8

280 cal, P-33g, C-31g, F-2.5g

Strawberry \$8

280 cal, P-33g, C-31g, F-2.5g

Chocolate Mouse \$10

300 cal, P-39g, C-23g, F-4g

Peanut Butter Coffee \$10

300 cal, P-39g, C-22g, F-6g

Jumping Monkey \$10

300 cal, P-39g, C-22g, F-6g

Caramel Frappe \$10

300 cal, P-39g, C-20g, F-6g

Banana Split \$12

390 cal, P-48g, C-36g, F-5g

Cookie Monster \$12

410 cal, P-49g, C-38g, F-5g